

First Congregational UCC

TIDINGS

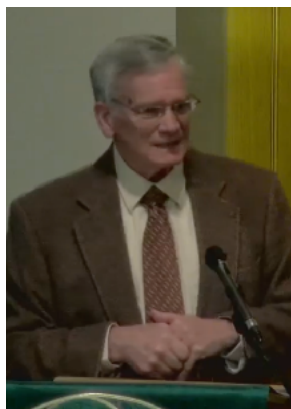
A weekly newsletter for our church family and friends

January 24, 2024



FirstCongregationalUCCWaterlooIowa

No matter who you are or where you are on Life's journey, you are welcome here!



PULPIT SUPPLY

Thank you to Rev. James Altenbaumer for providing the message last Sunday, and to Kay Thuesen for serving as worship leader and giving the mini message.

You can watch the service by clicking on the picture of Rev. Altenbaumer.

This Sunday, we welcome back to our pulpit Rev. David Glenn-Burns of UNI Three House. Gina Greene will be our worship leader and Craig Mahood will provide the mini message.



TO THE CONGREGATION:

Thank you for your support and well wishes as I complete my 3 years as moderator. I have learned a lot, and appreciated getting to know you in new ways. I am grateful for your dedication, gifts and talents, and all the ways you make First Congregational UCC the special place it is.

I know you are in good hands as Cliff Highnam takes over as moderator and Gary Waldon becomes moderator elect. I'm excited to see what is next for our church.

~ Anne Hoekstra

MODERATOR MISCHIEF

Greetings Tidings Readers!! As you may know, I have been asked to serve as the new Moderator for FCUCC for the 2024 year. In accordance with our new bylaws I will serve a one-year term and then yield the post to Gary Walden, who presently serves as Moderator Elect. At that time, I will begin serving another full year as past moderator. These new terms were voted on and passed at the annual meeting on Jan 21, 2024. Many of you know it is not my first rodeo as our church moderator (I served from 2015 to 2018), but I look forward to the opportunity to serve the church and you, the congregation yet again, even though it is a shorter term. I have lots of energy for this adventure, this time without a senior pastor on board as of today. Hopefully, by this time next year, Gary will not have to be serving in similar circumstances. Please remember to thank Anne Hoekstra for her previous three years as FCUCC Moderator. Anne did a marvelous job through harrowing times in the life of our church. Cares and prayers, my friends.

~ Cliff Highnam

TAKING CARE OF FAMILY...

~ Prayers of comfort for Pat Brock and family. Pat's father passed away January 18th.

~ Prayers for Robert Dew who had hip surgery last Thursday and will be released home or to a rehab center soon.



~ Alice Schneider would like to thank all those who sent her Christmas cards and also for the lovely poinsettia from Christmas Eve.

~ Please remember Erin Brock-Medhus and family in your prayers as she had a double mastectomy on January 18th. She is recovering at home and appreciates all those who have signed up to help with meals. If you would like to select a date to help, you can find more information by clicking [HERE](#).

YOUTH NEWS

~ Youth will meet at Kimball Avenue UMC this Wednesday night from 5:30-7:30pm.

PANTRY REMINDER

A tisket, a tasket - don't forget to put something for the pantry in your shopping basket. Thank you.

MAKE A DIFFERENCE MONTHLY

Just a reminder that we have a box in the Crossroads to place donations for Love INC. Each month there is a different request. For the remainder of January, they are asking for non-perishable food items. In February we will be collecting baby essentials.

WORSHIP LEADERS AND MINI-MESSAGE PRESENTERS:

We have been blessed with those who have served as worship leaders and presenters of our mini-message, but we would like to invite others to assist in these roles. Please let Michelle in the office know if you would be willing to serve.

THANK YOU!

We want to thank everyone who donated toward a headstone for Don Damon. The money is being delivered to Hagarty Monument.



Please join us for our annual Ash Wednesday service on February 14, at 6:00 p.m. Rev. James Altenbaumer will lead the service with the Chancel Choir leading the congregation in Holden Evening Prayer. Imposition of ashes will be offered for those who would like to participate. This is always a meaningful and solemn introduction to the Lenten Season, a season for reflection and spiritual renewal.

GREETER SIGN-UP

Don't forget to stop and greet your church family. Sign-up in the Crossroads. What a great job!

MENTAL HEALTH OPPORTUNITY

Tonight, Wed., January 24, 7-8 pm: Leah Parker, M.A., will present "Mental Health Self-Care for the New Year." She received her degree in Clinical Psychology in 2016. She has worked as a mental health therapist with children and families in rural Arizona and as a clinical consultant in an urban school district in Colorado. She is currently an Instructor of Psychology at Hawkeye Community College. Please click [HERE](#) to register and receive the zoom link for this event.

CONTRIBUTION STATEMENTS

End-of-year 2023 giving statements were mailed out this week. Please contact Michelle in the office with any questions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 10:30 Worship & Sunday School	5	6 7:30 Men's Bkfst @ Village Inn 10:00 Coffee & Prayer Walk Lifeline Screening (All Day)	7 3-4:30pm Job Foundation	8 5:15pm Bells 6:45pm Choir	9	10 9am - Women's Breakfast
11 Jazz Sunday Service @ First United Methodist	12 5:30pm Job Foundation	13 10:00 Coffee & Prayer Walk 7:00 Common Mtg	14 3-4:30pm Job Foundation 6pm - Service - Ash Wednesday	15 5:15pm Bells 6:45pm Choir	16 11:30 Social Action Meeting	17
18 10:30 Worship & Sunday School	19	20 7:30 Men's Bkfst @ Village Inn 10:00 Coffee & Prayer Walk	21 3-4:30pm Job Foundation	22 5:15pm Bells 6:45pm Choir	23 Fill Neighborhood Pantries	24
25 10:30 Worship & Sunday School	26	27 10:00 Coffee & Prayer Walk 6-8pm Food Bank Volunteering	28 3-4:30pm Job Foundation	29 5:15pm Bells 6:45pm Choir		

Birthdays

5

Teddy Mejia
Kathy Franke

8

Steve Peters
Clark Holdiman
Jenner Buck

9

Dale Hatinger
Jonathan Yarngo

13

Regan Casteel

14

Brittney Becker
Kari Lindaman

16

Aidan Kelley
Corina Marie
Holdiman
Arlo Prescott

17

Brandon Becker
Kati (Thompson)
Collins

18

Nancy Stevenson

19

Emily Stevenson Still

23

Matt Ensworth
Gordon Lauterbach

26

Justin Dams

28

Audrey Adams-
Sorge
Julie Kiefer



LIFELINE SCREENINGS IS COMING BACK TO FCUCC ON FEBRUARY 6TH. CALL TODAY TO REGISTER!

- Did you know 80% of strokes are preventable according to the American Heart Association? Life Line Screening provides valuable health screenings to detect the risk of stroke and cardiovascular disease. They'll be here on February 6th and are offering a special price for our members. Learn more and schedule your appointment by calling (866) 964-1386.
- A simple screening can be worth a lifetime. Get screened for stroke and cardiovascular disease risk. Book your appointment today.

4 Vital Screenings for \$149

- Carotid Artery Ultrasound
- Atrial Fibrillation
- Peripheral Arterial Disease
- Abdominal Aortic Aneurysm

To register for your appointment and receive the special discount, please call

866-964-1386



Create an endowment of love. Please consider including our church in your estate planning.

F I R S T C O N G R E G A T I O N A L U C C

First Congregational UCC
608 WEST FOURTH STREET
WATERLOO, IOWA 50702

Congregational Tidings

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