

Congregational Tidings

*No matter who you are, or where you are on life's journey,
you are welcome here!*



A weekly newsletter



www.facebook.com/FirstCongregationalUCCWaterlooIowa

May 12, 2021

OUTDOOR WORSHIP AND BIKE RIDE!

Worship this week will be in person at the RiverLoop Ampitheatre, 225 Commercial St, Waterloo at our worship time, 10:30 a.m. In case of inclement weather, we will postpone until the following week. Please check your email for an update later in the week, or call the church for a message, 319-234-8927.

Please wear a mask.



There is handicapped access beside the Phelps Children's Theater. A few lawn chairs will be provided for those needing to stay at the top of the arena. Otherwise, stadium seating is provided and marked according to social distancing guidelines. Please wear a mask.



Following worship, there will be a bike ride! For those of you who would like to go, bike or bring your bike to worship, and following lunch (please bring a sack lunch), we will hit the trails. A shorter or longer ride will be available depending upon your interest, expertise, and time.

It will be wonderful to see you all again!

~ Anne Hoekstra

Taking Care of Our Family

- ~ Prayers for Joan Grimm who was able to come home to continue rehab for the next several weeks.
- ~ Prayers for Russ Towsley who has been diagnosed with bladder cancer and will have surgery on June 1st.
- ~ Prayers for the family of Tim Ahrens whose 90 year old mother is seriously ill and has been hospitalized in Iowa City.
- ~ Prayers for Lynne Ensworth who is now home in Maine as she recovers from surgery from a broken leg.

Graduates to Honor

Please submit names of your family members and loved ones who will be graduating this spring. We would like to acknowledge and honor them.



Please include their upcoming plans following graduation. Please submit this information to Michelle Wolfe by Monday, May 24 so they can be acknowledged in Tidings and at the Youth Service, May 30. Thank you. (319-234-8927, FCUCCoffice@gmail.com).

CREATIVE CORNER

This week's contribution to the Creative Corner is from a daughter of the congregation-- Sarah Lauterbach, who along with her husband, Colin Clausen, and daughters Josie and Nelle, live in Belvedere, IL. She has created some whimsical pillows through her yarn creations. She writes:

I learned to crochet almost 20 years ago from a college roommate. Little did I know that the first time I picked up a hook (and started a project that I have yet to finish!) the things it would lead to over the years. Curiosity about something I liked the look of has added knitting to the repertoire as well as a wide variety of project types and stitches with yarn. I have used my skills during OT therapy sessions with patients and also to help fabricate things to make completing tasks easier.



But I think my favorite part of all of this is the creativity with something to show for the work. As well as the ability to create something that I know isn't available anywhere else. For instance, the "watch me grow" pillows we have done with our kids, the shapes have special meaning for Colin and me and are definitely one of a kind!

~ Sarah Lauterbach

MOMENT FOR MISSIONS



The Salvation Army of Waterloo/Cedar Falls will be bringing the Hot Lunch Meal program back inside the Corps Community Center for sit down dining starting Monday, May 17th. The lunch meals are on Monday, Wednesday, and Friday from 11:30am-12:30pm.

We are seeking volunteers (individual or groups) to help with the following duties:

- Prep: 10:00am-noon (2-3 volunteers)
- Greeting/Registration: 11:00am-12:30pm (1-2 volunteers)
- Serve & Clean: 11:00am-1:00pm (6-10 volunteers)

All individuals are required to wear a face cloth/mask, have their temperature taken, and hand-sanitizer will be available. Social distance guidelines will be followed, all dining tables will be spaced out with only four chairs at each table. Chairs and tables will be sanitized after each use.

Any church members interested in volunteering, please contact myself by phone (319-235-9358 ext. 103) or email (reg.nelson@usc.salvationarmy.org) to schedule.

Thank you,

Reg Nelson
Development & Community Relations Director
The Salvation Army of Waterloo/Cedar Falls
89 Franklin St. | Waterloo, IA 50703

Our Board of Social Causes and Justice invites anyone who is involved with serving others to share their stories of aid and fulfillment.
Let's inspire each other to make our world a better place!

Choosing Safer Activities

Updated Apr. 27, 2021
www.cdc.gov



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives. Protecting People™

What You Need to Know

- If you are fully vaccinated, you can start doing many things that you had stopped doing because of the pandemic.
- When choosing safer activities, consider how COVID-19 is spreading in your community, the number of people participating in the activity, and the location of the activity.
- Outdoor visits and activities are safer than indoor activities, and fully vaccinated people can participate in some indoor events safely, without much risk.
- If you haven't been vaccinated yet, find a vaccine.

Outdoor Activities:

Unvaccinated People

Your Activity

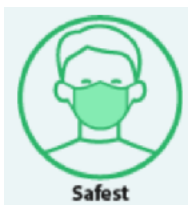
Fully Vaccinated People



Walk, run, wheelchair roll, or bike outdoors with members of your household



Attend a small, outdoor gathering with fully vaccinated family and friends



Attend a small, outdoor gathering with fully vaccinated and unvaccinated people



Dine at an outdoor restaurant with friends from multiple households



Attend a crowded, outdoor event, like a live performance, parade, or sports event



Indoor Activities:

Unvaccinated People



Less Safe



Less Safe



Least Safe



Least Safe

Your Activity

Visit a barber or hair salon;
Go to an uncrowded, indoor shopping center or museum

Ride public transport with limited occupancy; Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households

Go to an indoor movie theater; Attend a full-capacity worship service; Sing in an indoor chorus

Eat at an indoor restaurant or bar; Participate in an indoor, high intensity exercise class

Fully Vaccinated People



Safest



Safest



Safest



Safest

Key to Prevention Steps:



Prevention measures not needed



Take prevention measures

- **Fully Vaccinated People:** Wear a mask.
- **Unvaccinated People:** Wear a mask, stay 6 feet apart, and wash your hands.

Vaccinations are available throughout the county by going to this link:

<https://www.bhccpublichealth.org/covid-19/vaccine-information>

True Peace

True peace is not a détente or a refusal to engage in conversation out of fear of division. True peace is when we love and respect one another enough that we seek to understand each other, and upon recognizing our differences still affirm that we are brothers and sisters.

True peace is when we are willing to get outside of our comfort zone to speak directly with one another rather than about one another.

It is not peace to just not talk about our differences. This is tantamount to two armies calling a truce but still harboring animosity toward each other; each ready to pounce if the other is perceived as violating the truce.

True peace is present when our values of loving-kindness and empathetic consideration outweigh our need to be right and our fears of difference. When we can respond to one another with caring eyes, open hearts, and embracing arms, after fully listening to each other and recognizing that we each hold views that the other views as abhorrent, then we are building a community of true peace.

When everyone of us can affirm the inherent worth of the other and seek our adversary's best interests along with our own and those of others, while nonviolently opposing the policies we find hurtful to the prospects of peace, justice, and compassion, then we will realize the blessings of living in true peace.

-- Rev. Bret S. Myers, 4/4/2016

Create an endowment of love. Please consider including our church in your estate planning.

F I R S T C O N G R E G A T I O N A L U C C

First Congregational UCC
608 WEST FOURTH STREET
WATERLOO, IOWA 50702

Congregational Tidings

Place
Stamp
Here